



- Italics denotes new activity
- \$\$ denotes moderate fee
- Outside Trips are in Bold
- An Asterisk Denotes Sign-up Required

Red = Physical
 Blue = Intellectual
 Purple = Emotional
 Orange = Spiritual
 Green = Social

DECEMBER



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:00 Non-denominational Service-15 1:00 Wii Bowling-3 4:15 Left Center Right-1	31 NEW YEARS EVE <i>3:00 Singing in the Rain-17*</i> <i>6:30 New Year's Eve Party/Sun City All-Stars-1*</i>	LOCATION KEY 1. Alexander Room 2. Craft Room 3. Game Room 4. Library 5. Dining Room 6. Front Lobby 7. Exercise Center 8. Arts & Crafts Center 9. Oasis Bistro 10. East Atrium	LOCATION KEY 11. West Atrium 12. Swimming Pool 13. Health Care Center 14. Arizona Room 15. Chapel 16. Horseshoe Drive 17. Private Dining Room 18. Putting Green 19. 1E Floor East Parlor 20. 1W Floor West Parlor		**Grocery Shopping is Friday at 1:00pm. * Bridge is played Tuesdays at 12:30pm in the Card Room and Wednesdays at 6:15pm in the Alexander Room	1 9:00 Zumba-1 9:30 Catholic Svc-15 1:30 Chat n' Craft-8 6:30 Saturday Night at the Movies-1
2 HANUKKAH 10:00 Non-denominational Service-15 1:00 Wii Bowling-3 1:30 Christmas Chorus-6*\$ 4:15 Left Center Right-1	3 8:00 Step/Circuit Fitness-1 9:00 Combo Fitness-1 10:00 Seated Fitness-1 2:00 Activity Open Forum-1 <i>3:00 Village Voices-1</i> <i>3:00 Singing in the Rain-17*</i> 6:30 BINGO-1	4 8:30 Breakfast at Brenda's Kitchen-6*\$ 9:00 Better Balance & Mobility-1 9:30 Southwest Mobility-11 10:00 Chair Pilates-1 11:00 Mind Games-3 6:30 Bobby Freeman-1	5 8:00 Step/Circuit Fitness-1 9:00 Combo Fitness-1 10:00 Seated Fitness-1 1:00 Fry's-6*	6 9:00 Better Balance & Mobility-1 10:00 Gentle Yoga-1 11:00 Mind Games-3 12:00 AZ Broadway-6*\$ <i>1:30 Sing and be Merry-1</i> 2-3 Gramma's Attic-Apt. #165 6:30 Discussion Class-3	7 PEARL HARBOR <i>8:00 Computer Club Breakfast-1</i> 11:00 Current Events-14 1:30 Discussion Class-3 6:30 Dominoes-3	8 9:00 Catholic Mass-15 9:00 Zumba-1 1:30 Color n' Chat-8 6:30 Saturday Night at the Movies-1
9 10:00 Non-denominational Service-15 1:00 Wii Bowling-3 1:15 AZ Winds-6* 4:15 Left Center Right-1	10 8:00 Step/Circuit Fitness-1 9:00 Combo Fitness-1 9:00 Resident Council-17 10:00 Seated Fitness-1 <i>11:00 State Coffee-14*</i> <i>3:00 Singing in the Rain-17*</i> 6:30 BINGO-1	11 8:30 Birthday Breakfast-14* 9:00 Better Balance & Mobility-1 10:00 Chair Pilates-1 10:30 Barleens-6*\$ 11:00 Mind Games-3 6:30 Glenn Navis-1	12 8:00 Step/Circuit Fitness-1 9:00 Combo Fitness-1 10:00 Seated Fitness-1 1:00 Sprout's-6*	13 9:00 Caregiver Support-3 9:00 Better Balance & Mobility-1 10:00 Gentle Yoga-1 11:00 Mind Games-3 <i>2:00 Jan Sandwich-1</i> 2-3 Gramma's Attic-Apt. #165 6:30 Discussion Class-3 6:30 Movie Night-1	14 10:00 Resident's Meeting-1 11:00 Current Events-14 1:30 Discussion Class-3 2:30 Meet your Neighbor-1 6:30 Dominoes-3	15 9:00 Zumba-1 9:30 Catholic Svc -15 1:30 Chat n' Craft-8 6:30 Saturday Night at the Movies-1
16 10:00 Non-denominational Service-15 1:00 Wii Bowling-3 1:00 Theater Works-6*\$ 4:15 Left Center Right-1	17 8:00 Step/Circuit Fitness-1 9:00 Combo Fitness-1 9:30 Coffee w/Shannon-17* 10:00 Seated Fitness-1 <i>3:00 New Lifestyle Assessment Presentation-1</i> <i>3:00 Singing in the Rain-17*</i> 6:30 BINGO-1	18 9:00 Better Balance & Mobility-1 10:00 Chair Pilates-1 <i>11:00 Reindeer Games-3</i> 3:00 Art All Around Us-1 6:00 Christmas Lights-6* 6:30 Patrick McNalley-1	19 8:00 Step/Circuit Fitness-1 9:00 Combo Fitness-1 10:00 Seated Fitness-1 11:30 Lunch at Christo's-6*\$ 1:00 Walmart-6* 6:00 Christmas Lights-6*	20 9:00 Better Balance & Mobility-1 10:00 Gentle Yoga-1 10:00 Lutheran Service-15 11:00 Mind Games-3 2-3 Gramma's Attic-Apt. #165 <i>4:00 Christmas Party-1*</i> 6:30 Discussion Class-3 6:30 Movie Night-1	21 11:00 Current Events-14 1:30 Discussion Class-3 6:30 Dominoes-3 <i>6:30 Nutcracker Ballet-1</i>	22 9:00 Zumba-1 9:30 Catholic Svc -15 <i>2:00 Caroling & Cookies-15</i> 6:30 Saturday Night at the Movies-1
23 10:00 Non-denominational Service-15 1:00 Wii Bowling-3 4:15 Left Center Right-1	24 CHRISTMAS EVE 	25 CHRISTMAS DAY 	26 KWANZAA 8:00 Step/Circuit Fitness-1 9:00 Combo Fitness-1 10:00 Seated Fitness-1 1:00 Trader Joe's-6*	27 9:00 Better Balance & Mobility-1 10:00 Gentle Yoga-1 11:00 Mind Games-3 2-3 Gramma's Attic-Apt. #165 6:30 Discussion Class-3 6:30 Movie Night-1	28 11:00 Current Events-14 1:30 Discussion Class-3 <i>2:00 "Board" Meeting-1</i> 6:30 Dominoes-3	29 9:00 Zumba-1 9:30 Catholic Svc -15 1:30 Color n' Chat-8 6:30 Saturday Night at the Movies-1